

# ON the DEVELOPMENT PATHWAY Communications with the FDA

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# SUCCESSFULLY INTERACTING with the US FDA

- Increasing the quality of a **sponsor's interactions** with the FDA can greatly improve the chances for a **new drug** or **new device** to successfully navigate the **FDA regulatory maze**.
- Getting a **new** medical product onto the US marketplace involves a complex series of steps, not least of which is **convincing the FDA** that you as the sponsor have met the **regulatory standard** for that type of device or drug.
- Twenty years ago the usual path for finding out whether the FDA agreed with a sponsor that the product should be allowed to be marketed in the US was to simply submit a marketing application for and wait the requisite the official response.

# SUCCESSFULLY INTERACTING with the US FDA

- Nowadays, for the **most successful companies**, interacting with the FDA occurs at an **earlier stage**, and the nature of these interactions will, to a large extent, shape how successful a sponsor is at their **ultimate goal** - marketing approval or clearance for their medical product.

# SUCCESSFULLY INTERACTING with the US FDA

Because FDA has the advantage of viewing **the spectrum of drug / device development across sponsors, indications, and drug classes**, FDA is able to communicate advice to sponsors with that expertise in mind, while upholding commercial confidentiality

# SUCCESSFULLY INTERACTING with the US FDA

- FDA's **stated philosophy** that “**timely interactive communication** with Sponsors during drug or device development is a **core activity to help achieve our mission** to facilitate the conduct of **efficient and effective drug / device development programs**, which can enhance public health by making new safe and effective drugs available to the American public in a timely manner.”
- In recent public statements, FDA has noted that “**Sponsors who avail themselves of the opportunity to meet with FDA early in development have substantially reduced the time from the **start of human testing**—when FDA first becomes involved—until marketing approval.**”

# SUCCESSFULLY INTERACTING with the US FDA

For instance, companies that meet early with FDA during drug development have experienced a **median product development time reduction** of **1.4 years** and upwards of **2.1 years for orphan drugs**.

Thus, increased communication during drug development ultimately will **reduce time to market** and **speed** the availability of important new therapies to patients.

# Pre - IND , Pre - IDE ,

- These interactions fall under the broad umbrella of what is known as the pre-IDE pre-IND programme.
- **In 1996, it was originally created to describe** the informal interactions that could take place before a sponsor officially submitted an IDE, or an IND application to gain permission to conduct a clinical study of their investigational device / drug in the US, in order to better understand the FDA's expectations for the eventual IDE; IND (**First in Human Clinical Trial**).
- The name pre-IDE; pre-IND has evolved to become a term of art since its inception, and now **serves as the mechanism for interacting with the FDA** for several other purposes.

# Pre - IND , Pre - IDE ,

- As defined by the Food and Drug Administration (FDA), an [IND](#), or **Investigational New Drug application**, is a request for authorization from the FDA to **administer an investigational drug or biological product to humans**.
- An [IDE](#), or **Investigational Device Exemption**, allows an investigational device to be used in a clinical study to collect safety and effectiveness data required to support a premarket approval (PMA) application or a premarket notification [510(k)] submission to the FDA.



# Pre - IND , Pre - IDE ,

- To discuss the scope and design of a sponsor's next planned clinical study
  - Sample size,**
  - study design,**
  - endpoints,**
  - statistical considerations**
- Safety Monitoring
- Product development and production for the first in human use

# Kinds of Meetings – Medical Devices

- Scientific Meeting/**Prior to proof of concept animal studies**
- Early Collaboration Meetings (Agreement and/or Determination)
- Pre-IDE Meeting/Post-feasibility/Pre-Pivotal Study Meeting
- Informal Pre-IDE Meetings
- Other Device Meetings
  - Pre-PMA Meeting
  - 100-Day PMA Meetings
  - Post-deficiency letter for 510(k) or PMA
  - Appeal of final decision on PMA, 510(k), IDE disapproval
- Advisory Committee Meeting

# Kinds of Meetings – Drugs and Biologics

- Drugs and Therapeutic Biologics
  - Pre-clinical Research Meeting
  - Pre-IND Meeting
  - End of Phase 2/Pre-Phase 3 Meeting
  - Clinical Hold Meetings
  - Pre-NDA Meeting
  - Advisory Committee Meeting
  - End of Review Conference
  - Refusal to File Conference
  - Pre-NDA Supplement Meeting

# Opportunities to Interact with the FDA

- Today **Many Opportunities** exist to interact with FDA throughout the **medical product life cycle (and not only before (PRE) research start)**

# Conclusion

- Establishing a **good** working relationship and **open communication** with the FDA is essential to the development of any regulated product.

# THANK YOU

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